

 **PLEASE SUBMIT YOUR POST ENCOUNTER NOTE TO CLERKSHIP COORDINATOR!!**

New York University School of Medicine - Interclerkship Intensive
OSCE OBESITY COUNSELING CASE - STUDENT POST ENCOUNTER NOTE

Name: _____ Kerberos ID: _____ NYSim East Wing # _____

1. Based on your visit with Ms. Rodriguez, briefly summarize your main findings and recommend next steps for your preceptor.

2. Listed below are some core evidence-based practices for helping Ms. Rodriguez lose weight. Knowing that it's often hard to fit everything into a short encounter like this, please indicate which of the following practices you were actually able to do:
 - Assessed Ms. Rodriguez's willingness to make changes to lose weight
 - Assessed confidence in Ms. Rodriguez's ability to make changes to lose weight
 - Assessed Ms. Rodriguez's underlying motivations for making changes
 - Assessed Ms. Rodriguez's interest in exercise (dancing, walking)
 - Discussed possible specific diet, exercise, self-monitoring goals
 - Enlisting Ms. Rodriguez in prioritizing a few (several) specific goals

3. How did completing your own 24-hour dietary recall assessment affect how you thought about this patient and her situation and how did it affect your behavior in this encounter?

4. Which aspects of Ms. Rodriguez's culture/environment do you think are important to recognize and incorporate into assessment and treatment planning?

5. How likely do you think it is that Ms. Rodriguez will follow through and make progress in changing her behavior?
 - Not at All
 - Only a Little Bit Likely
 - Somewhat Likely
 - Very Likely

6. During this encounter, in what areas or ways did you feel like you were effective?

7. In what areas or ways did you feel like you could have been more effective? What do you think would help you be more effective?